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## Moisture dependent physical properties of *Garcinia kola* seeds

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The effect of moisture content on some physical properties of *Garcinia kola* seeds. The properties are size, shape, densities, porosity, one thousand seed weight, static coefficient of friction on different structural surfaces and angle of repose was investigated. Linear regression equations were used to express relationship between the properties and moisture. Experimental results revealed that moisture content affected on the properties. The moisture ranged from 39.79% to 52.45%. The length, width and thickness of the seeds increased linearly from 28.425 to 32.644mm, 15.849 to 17.542 mm and 14.524 to 16.043 mm, respectively. In the same moisture range, true density decreased from 1249 to 1161kg/m<sup>3</sup>, bulk density increased from 690 to 728kg/m<sup>3</sup>, while porosity decreased from 44.76 to 37.24%. The angle of repose was found to vary from 30.42 to 40.86<sup>0</sup>. In the same moisture range, the static coefficient of friction against different structural materials varied from 0.20 to 0.46.

**Key words:** Moisture content, axial dimensions, physical properties, *Garcinia kola* and regression equation

### Introduction

*Garcinia kola* seed has been of great interest to human because of its medicinal and cultural uses in Africa and beyond. It is commonly called bitter *kola* because of its bitter taste. It belongs to the family of *Clusiaceae*, formerly *Guttiferae*. *Garcinia kola* is found mostly in Central and Western Africa. An average of four seeds is contained in a fruit. Apart from the seeds, other parts like the fruits, leaves, roots, barks, stems and twigs are also important to human in various ways. Its common names in these areas include *akuilu* or *agbuilu* (Igbo), *orogbo* (Yoruba), *namijin goro* (Hausa). According to Agyili *et al.* (2006), its other names as *onie*, *munjari* and *ya*. *Garcinia kola* is a non-timber forest that is mostly utilized in Africa (Adebisi, 2004). Virtually all the parts can be used for medicinal purposes. The fruit pulp is used in treatment of

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jaundice. *Garcinia kola* extract can prevent Ebola virus from replicating itself (Agyili *et al.*, 2006). Also, extracts from bark, stem and seed inhibit the growth of *Plasmodium falciparum* over 60% in-vitro at a concentration of 6 mg/ml (Tona *et al.*, 1999). The seed which contains 10% carbohydrate, >10% crude fat, 5% protein, 215.10 ppm sodium and biflavonoids, xanthenes, and benzophenones (Agyili *et al.*, 2006; Iwu, 2003). The seed is used in treatment of bronchitis and throat infection, catarrh, abdominal colicky pain, improving singing voice, and when mixed with honey makes a cough syrup (Adaramonye *et al.*, 2005; Iwu, 2003; Irvine, 1960). The split stems and twigs are used as chewing stick in many parts of Africa, offering dental care. *Garcinia kola* pulp is used in ethanol production (Nzelibe *et al.*, 2007). Besides, *Garcinia kola* has shown great potential as substitute for hop in tropical beer brewing (Ajebesone and Aina, 2004). The seed is believed to expel snake where they are kept. *Garcinia kola* has shown anti-inflammatory, antimicrobial, antiviral properties and possesses anti-diabetic and antihepatotoxic activities and it is an effective plant derived medicine alternative to synthetic drugs (Iwu, 2003; Iwu *et al.*, 1999). The seed is also believed to possess aphrodisiac and purgative properties.

Presently, the seeds are extracted manually by breaking the fresh fruit with stone and allowing the pulp-covered seed to macerate and washing off in water. Alternatively, the fruits are allowed to decay and then washed off in water using basket, to extract the seeds. The seeds are ground with stone or by pounding in a mortar using wooden pestle. These methods of handling and processing seeds are not only time and energy consuming, but also inefficient. However, no work appears to be done on the physical properties of *Garcinia kola* seed and since these properties are pre-requisites for the design of equipments for de-hulling, handling and other post harvest operations, it is essential to determine them.



**Fig.1.** *Garcinia kola* fruits (a) *Garcinia kola* seeds (b).

Many researchers have been described and investigated these properties for a number of crop and food materials which included pumpkin seed and kernel by Joshi *et al.* (1993), *Prosopis Africana* seed by Akaimo and Raji (2006), watermelon seeds by Razavi and Milani (2006), *karingda* seed by Suthar and Das (1996), *guna* seed by Aviara *et al.* (1999) African oil bean seed by Asoegwu *et al.* (2006), melon seed by Makanjuola (1972).

The aim of this study was to investigate some physical properties of *Garcinia kola*, namely size, volume, shape, 1000 seed weight, true density, bulk density, porosity, angle of repose and coefficient of friction on different materials to determine whether or not these properties were moisture content dependent.

### Materials and methods

A bulk sample of *Garcinia kola* seeds at the moisture content of 39.79% were obtained from Ndiowerre-Orlu in Imo State, Nigeria. The samples were cleaned to remove the damaged and foreign matters. The moisture content of the seeds was determined by oven drying method, using ASAE standard at  $105 \pm 1^{\circ}\text{C}$  for 24 h. Samples were conditioned to moisture contents in the range of 39.79-52.45% by adding calculated amount of tap water and sealed in double-layer low density polythene bags and stored at a low temperature. For each test the required quantity of seeds were taken out and allowed to equilibrate with the room temperature.

Size was determined by measuring the axial dimensions of 100 seeds; length, width and thickness, using micrometer reading up to 0.001mm. One thousand seed weight ( $W_{1000}$ ) was determined using the method described by Nalladulai *et al.* (2002) and Varnamkhasti *et al.* (2007), where 100 seeds were weighed with the aid of an electronic balance and multiplied by 10. The bulk density was determined using AOAC method. The true density was determined using water displacement method. A thin layer of araldite was used to coat the seeds to prevent moisture absorption, and the average weight increase due the adhesive was negligible (less than 2%). Porosity was calculated from the values of true and bulk densities using the relationship given by Mohsenin (1986). The static coefficient of friction was determined using an inclined plane (Suthar and Das, 1996). Three test surfaces namely plywood, mild steel and galvanised steel sheet were used. The angle of repose was determined using a topless and bottomless cylinder (Razavi and Milani, 2006).

## Results and discussion

### *Seed dimensions*

Results showed that the 100 measurements taken for the axial dimensions of the seeds at different moisture contents are presented in Table 1. It was showed that the three axial dimensions increased with increase in moisture content in the range of 39.79-52.45%. This explains the reason why seed shape remains unchanged with change in moisture content.

**Table 1.** Axial dimensions of *Garcinia kola* seed (standard deviations in parentheses).

Moisture content, % w.b.	Length, mm	Width, mm	Thickness, mm	Geometric mean diameter, mm	Arithmetic mean diameter, mm	Sphericity
39.79	28.425 (3.351)	15.849 (1.452)	14.524 (1.300)	18.598	19.599	0.660
40.49	30.504 (1.580)	16.869 (1.263)	15.111 (0.875)	19.732	20.827	0.648
43.98	31.125 (2.008)	16.986 (1.329)	15.400 (1.278)	20.029	21.170	0.645
46.74	32.480 (3.449)	17.436 (1.687)	15.997 (1.408)	20.747	21.971	0.642
52.45	32.644 (2.386)	17.542 (1.300)	16.043 (1.354)	20.849	22.077	0.641

The sphericity values for *Garcinia kola* seed fall within the range of 0.32-1.00 for most agricultural products (Mohsenin, 1986). The relatively low sphericity (0.66) shows that the seed will not rotate easily during handling. The closer the sphericity to 1.0, the higher the tendency to roll about any of the three axes. The dimensions of *Garcinia kola* seeds were observed to be larger than that of *guna* seed (Aviara *et al.*, 1999), pumpkin seed (Joshi *et al.*, 1993), lower than African oil bean seed (Asoegwu *et al.*, 2006) and lie within the same range with cashew nut (Oloso and Clarke, 1993).

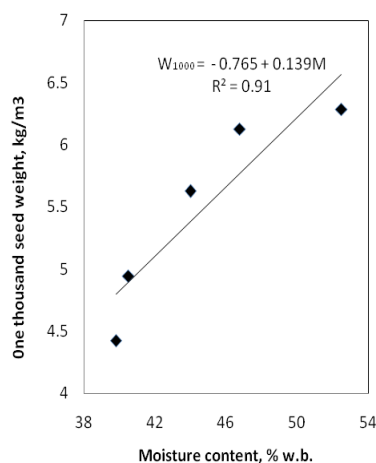
### *One thousand seed weight*

At the moisture content of 39.79% w.b., the one thousand seed weight was 4.425 kg with a standard deviation of 0.29 kg. One thousand seed weight  $W_{1000}$  was found to increase with moisture from 4.425 to 6.286 kg in the

moisture range of 39.79-52.45%. A linear relationship between  $W_{1000}$  and moisture  $M$  was obtained and can be expressed using the following regression equation thus:

$$W_{1000} = -0.766 + 0.14M \quad (1)$$

With a correlation coefficient  $R^2 = 0.91$ . Similar trends have been reported for other seeds.



**Fig. 2.** Variation of one thousand seed weight with moisture content.

### ***True density***

The true density  $\rho_t$  decreased from 1249 to 1160  $\text{kg/m}^3$  as the moisture increased from 39.79 to 52.45% w.b. The variation was found to be linear and this linear relationship can be expressed with a regression equation as;

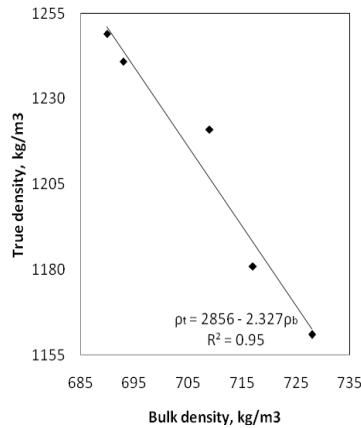
$$\rho_t = 1536.70 - 7.31M \quad (2)$$

With correlation coefficient,  $R^2 = 0.97$

The decrease of true density with moisture increase may be due to some composition of the seed. Similar trends have been reported for other seeds (Joshi *et al.*, 1993; Suthar and Das, 1996; Aviara *et al.*, 1999). The result of the true density (greater than  $1000\text{kg m}^{-3}$ ) indicated that the seed was heavier than water, hence, will sink in water. This is useful in cleaning and separation operations.

### ***Bulk density***

The bulk density  $\rho_b$  increased from 690 to 728  $\text{kg/m}^3$  as the moisture increased from 39.79 to 52.45% w.b.



**Fig. 3.** Relationship between true density  $\rho_t$  and bulk density  $\rho_b$  of *Garcinia kola*, with correlation coefficient  $R^2$ .

A linear relationship was found to exist between moisture and bulk density, and this can be expressed using regression equation as;

$$\rho_b = 571.46 + 3.04M \quad (3)$$

With a correlation coefficient,  $R^2 = 0.98$

The increase in bulk density with moisture increased and followed the trends for other seeds (Suthar and Das, 1996). The bulk density of the seed was within the range of bulk density determined for other seeds like millet ( $673 \text{ k gm}^{-3}$ ) by Mohsenin (1986), and for African yam bean TSs 137 ( $760\text{-}741 \text{ kg m}^{-3}$ ) by Irtwange and Igbeka (2002).

### **Porosity**

The estimated porosity, from the relationship between true and bulk density was found to decrease from 44.76 to 37.24% as the moisture content increased from 39.79 to 52.45% w.b. The relationship existing between porosity  $\epsilon$  and moisture content  $M$  can be expressed by a regression equation thus:

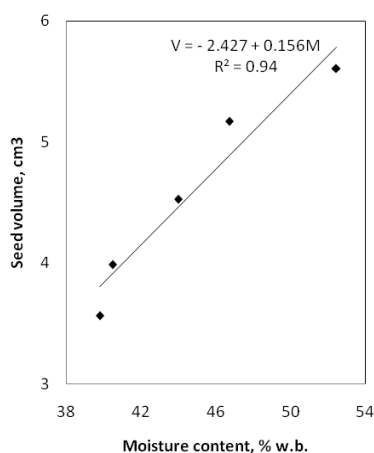
$$\epsilon = 68.79 - 0.61M \quad (4)$$

With a correlation coefficient,  $R^2 = 0.98$

This follows the same trend for other seeds like pumpkin seed by Joshi *et al.* (1993) and karingda seed by Suthar and Das (1996).

### Seed volume

Seed volume was found to increase linearly from 3.56 to 5.61 cm<sup>3</sup> as the moisture increased from 39.79 to 52.45% w.b.



**Fig. 4.** Variation of *Garcinia kola* seed volume V with moisture content M; correlation coefficient R<sup>2</sup>.

The linear relationship between seed volume V and moisture content M can be expressed using regression equation thus:

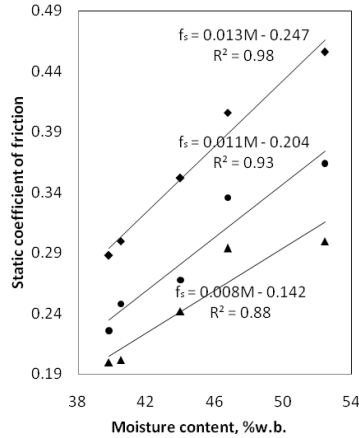
$$V = -2.43 + 0.16M \quad (5)$$

With a correlation coefficient,  $R^2 = 0.97$

### Static coefficient of friction

The static coefficient of friction of the seeds obtained experimentally on three structural surfaces (plywood, mild steel and galvanized steel sheet) was found to increase with moisture content and varies according to the surface.

The coefficients of frictions of *Garcinia kola* seed vary with moisture content of the sample irrespective of the surfaces employed. The coefficient of friction is important in selecting appropriate materials for different units of machinery especially those components requiring flow. The friction property also finds its application in design of loading and unloading materials such as hopper, and for storage containers such as silo.



**Fig. 5.** Variation of *Garcinia kola* seed static coefficient of friction ( $f_s$ ) with structural surfaces and moisture content  $M$ ; correlation coefficient  $R^2$  ♦ plywood; • mild steel; ▲ galvanised steel sheet.

### *Angle of repose*

The values of angle of repose increased from  $30.42$  to  $40.86^\circ$  as moisture content of the seeds increased from  $39.79$  to  $52.45\%$  w.b. The value was below the highest possible angle of repose of  $45^\circ$  for most agricultural materials (Mohsenin, 1986). It was the same range as that of *guna* seed (Aviara *et al.*, 1999), *karingda* seed (Suthar and Das, 1996) and cowpea (Oje, 1994) and lower than pumpkin seed (Joshi *et al.*, 1993).

A linear relationship that exists between angle of repose  $\theta_r$  and moisture  $M$  can be expressed by the following regression equation:

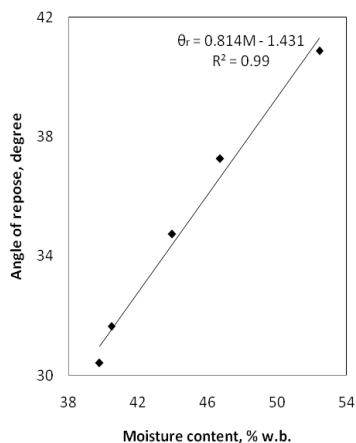
$$\theta_r = -1.43 + 0.81M \quad (6)$$

With a correlation coefficient,  $R^2 = 0.99$

### **Conclusions**

The investigation of various physical properties of *Garcinia kola* seeds revealed that the dimensions of the seeds increased uniformly as the moisture increased, the length was greater than the width, so the seed could be described as being oblong, the bulk density increased linearly with moisture content, while true density decreased linearly with increase in moisture content, seed volume and weight also increased linearly with moisture content, porosity was found to decrease with moisture content. The static coefficient of friction increased linearly with moisture content and varies according to the surface. The angle of repose increased with moisture content.





**Fig. 6.** Change of angle of repose  $\theta_r$  of *Garcinia kola* with moisture content M; correlation coefficient  $R^2$ .

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